



Boy Scouts of America TROOP 101 NORTHBOROUGH Winter Freeze Out Camping List

Clothing

- Backpack
- Fleece/wool hat, covering ears - 2
- Face covering - scarf or face mask
- Windproof/Winter jacket
- Rain suit or poncho with hood
- Winter boots (loose & waterproof)
- Socks - wool and liners or synthetic winter socks - 4 pair (always wear dry socks)
- Pants that shed snow/dry quickly - 2
- Fleece or sweater
- Warm shirts - 2
- Thermal base layer underwear - 2
- Pairs of underwear - 3
- Sleepwear (not same as day clothes)
- Mittens or gloves - 2 (mittens are warmer)

Above counts include clothes being worn. All clothes and any food packed must be placed in ziploc bags first before placing in backpack. Due to the nature of this trip, class A uniforms are not required.

Sleeping

- Sleeping bag rated to 0 degrees or use 2 sleeping bags
- Fleece liner or blanket (optional for extra warmth)
- Insulated ground mat to sleep on (therm-a-rest or other)
- Space blanket to place under sleeping pad for extra warmth
- Camp pillow or use jacket
- Tent (troop will supply)
- Tent ground cloth (troop will supply)

Cooking/Meal

- Water bottle
- Mess kit - plate or bowl, cup, and knife/fork/spoon (or spork)
- Personal trash bag (many uses)

Misc.

- Flashlight (or Headlamp) with extra batteries
- Pocket knife (NO SHEATH KNIVES)
- Compass
- Toilet paper
- Stuff sack
- Personal first aid kit
- Medication (if prescription)
- Toothbrush & toothpaste
- Sun screen & lip balm
- Ziploc bags (for dirty clothes)
- Extra Ziploc bags (for keeping things dry)
- Nylon utility cord 3mm (50ft minimum)
- Pencil and paper for notes
- Scout Handbook
- Large trash bag for backpack
- Hand and toe warmers (optional but good idea)

DO NOT BRING

- Soda, Candy
- Electronic games
- Sheath knives
- Sling Shots of any kind
- Lighters
- Chains
- Improper reading material

If there is snow on the ground, please bring a plastic sled to haul your gear. Snow shoes are also a very good idea.